



Webinar on "Health benefits of "Plant Based Diet".





SGT University

Faculty of Hotel & Tourism Management

"Health benefits of "Plant Based Diet".

5th June 2021, SGT University

Brief Profile of Speaker:

Chef Varun of FIAPO organized a webinar on Health benefits of Plant based diets.

Organizers: SGT College of Hotel & Tourism Management in collaboration with FIAPO

Report of the Webinar/ Event / FDP Program:

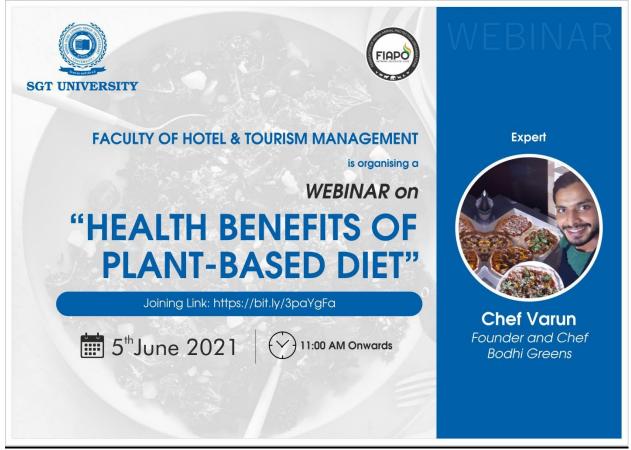
- *a)* <u>Introduction:</u> Several plant based diet presented and its importance made understood in a simpler manner.
- *b)* <u>Objective of the Webinar</u> Importance of plant based diet demonstrated in simpler manner
- c) Brief content of lecture-



Chef Varun made a presentation on health based plant diet in detail.

d) <u>Screenshots of Webinar/ Picture of Event:</u> Good quality picture with legends is mandatory

E-Brochure





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(UGC Approved) Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

Gurugram, Delhi-NCR



Chef Varun Demonstrating the Dishes in the webinar on Health Benefits of Plant **Based Diet**

List of participants

<u>21</u>

Signature of co-ordinator



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	Nebinar on Health Benefits of P	1.	
		DATE:- 5	
5.NO	NAME OF STUDENTS	REMARKS	
1	Anshumali	8	
2	Dhruv Mathur	8	
3	Archit Thakur	P	
4	Manav Sehrawat	P	
5	Aman Sharma	P	
6	Kashish Arora	8	
7	Rohit Rana	P	
8	Khushi Kataria	P	
9	Uttkarsh Kumar	P	
10	Deepak Pandey	P	
11	Laxita Yadav	P	
12	Aman Kumar	R	
13	Vivek Kumar	P	
14	Abhishek Barua	P	
15	Ankit Kumar	P	
16	Akash Ashu Lamsal	R	
17	Karan Sharma	P	
18	Rishabh Budhraja	P	
19	Vipin Kumar	P	
20	Divyjyot Singh	P	
21	Bhumi Sharma	P	



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